

## HEALTHCHECK ADOLESCENT REVIEW

**Screening Clinic Instructions:** To be handed to adolescents 12 and over. After review, return to patient.

**Patient Instructions:** Sometimes it is easier to talk about things this way. If you wish, check YES or NO for each question and give this paper to the nurse. If you have any questions about this, ask the nurse to help you. This form will be returned to you.

1. Do you think something is wrong with your general health?  Yes  No  
2. Do you feel you have to exercise more than 1 hour every day or else you feel bad about yourself?  Yes  No  
3. Are you often upset?  Yes  No

4. Do you think something is wrong with your body development?  Yes  No  
5. Do you think something is wrong with your weight and have you tried to lose or gain weight?  
If yes, how? \_\_\_\_\_  Yes  No  
6. Is something slowing your progress in school?  Yes  No  
7. Is something slowing your progress in work?  Yes  No

8. Are you having difficulties at home?  Yes  No  
9. Do you have difficulty making friends when you are out?  Yes  No  
10. Do you think something is wrong with your sexual feelings?  Yes  No

11. Do you think something is wrong with your heart?  Yes  No  
12. Do you think something is wrong with your skin?  Yes  No  
13. Do you think something is wrong with your eyes?  Yes  No

14. Do you cough much or have trouble breathing?  Yes  No  
15. Are you concerned about your stomach or bowels?  Yes  No  
16. Do you think you have cancer?  
If yes, where? \_\_\_\_\_  Yes  No

17. Does it burn when you go to the bathroom?  Yes  No  
18. Do you have pain in your muscles or when you move?  Yes  No  
19. Do you have questions about drinking alcohol or using other drugs?  Yes  No

20. Do you have questions about pregnancy or birth control?  Yes  No  
21. Do you have questions about discharge from your sex organs or sexually transmitted diseases?  Yes  No  
22. Do you have questions about masturbation or touching yourself?  Yes  No

23. If you wish, check each box that you have questions or concerns about. The clinic will be able to give you places and / or names to contact for further questions.

- Dating  School Problems  Birth Control  Pregnancy  
 Drugs  Abortion  Sexually Transmitted Diseases  Weight Control

### MALES ONLY

24. Do you have concerns about "wet dreams"?  Yes  No  
25. Do you have concerns about the size of your sex organ?  Yes  No

### FEMALES ONLY

26. Have you started your periods?  Yes  No  
If yes, when? \_\_\_\_\_  
If no, then you may skip the remainder of these questions.  
27. How often do you get your period? \_\_\_\_\_  
28. Do you have problems with your periods?  Yes  No  
29. Do you take any medicine for your periods?  Yes  No  
30. Have you ever had problems with a discharge, bleeding or anything else between your periods?  Yes  No  
31. Please answer the following if you think you are pregnant?  
Do you live in a house built before 1980 where there is paint peeling?  Yes  No  
Do you have a hobby that includes lead bullets, lead weights for fishing or lead glass?  Yes  No  
Do you eat non-food items such as clay, dirt, azarcon, Pay-loo-ah or Greta?  Yes  No

ANY OTHER COMMENTS OR QUESTIONS?